



Supplementary Fig. 1. Methods A, B, C, and CP are marked on the skin. Method A, 4 fingerbreadths distal to the center of the wrist from the midpoint between the medial epicondyle and biceps tendon at the elbow crease level; method B, the proximal third of the imaginary line connecting the flexor carpi radialis tendon of the wrist and medial epicondyle; method C, 4 fingerbreadths distal from the midpoint between the medial epicondyle and biceps tendon at the elbow crease level; method CP, about 2 cm medial from the biceps tendon at the elbow crease level, to nearly the proximal one-third of forearm length.